

OCTOBER

CARLOS CONTRERAS PRESENTATION

WED 10/09 12:30 **Griffin Gate**

This 1hr multimedia presentation discusses the history of the African diaspora to the Americas and how the Americas were reshaped over 500 years.

BASIC NEEDS RESOURCE FAIR

TUES. 10/15 11-2 **Main Quad**

Learn about area basic needs resources. Grab a free bag of food. Food will be handed out from 1pm-2pm. Bring your own bag.

SAFE ZONE TRAINING 101

THURS. 10/24 2-4 60-206 (limited space)

This training is designed as an introductory to being an ally and how to create a safe space on campus and/ or in your student club.

NOVEMBER

DIVERSITY DIALOGUES

WED. 11/06 3-4 51-582

"Breaking Down the Power Hierarchy"-Dr. Amy Ramos, Psychology.

DIVERSITY DIALOGUES

THURS. 11/14 2-3

"What REALLY Happened at the 1st Thanksgiving? And why is it a Holiday anyway?"-Dr. Sue Gonda, Cross-Cultural Studies.

BASIC NEEDS RESOURCE FAIR

TUES. 11/19 11-2 **Main Quad** Learn about area basic needs resources. Grab a free bag of food. Food will be handed out from 1pm-2pm. Bring your own bag.

THANKSGIVING CELEBRATION

THURS. 11/21 12-2 **Griffin Gate**

Come and enjoy a free thanksgiving meal on campus! Bring your student ID card.

THANKSGIVING BAG DISTRIBUTION

THURS. 11/26 12-3

Griffin Gate

Come and pick up a bag of food to help assist you for the holidays. You must register first in order to receive a bag.

WEEKLY EVENTS

KNITTING WORKSHOP

MON. 1230-200

THURS. 1:00-2:00

60-206

Come and learn how to knit from faculty and staff at Grossmont College. All supplies are provided.

Bldg. 60 (1st floor)

We welcome musicians, artists, poets, theatre performers, etc. to come out and share your talents with Grossmont.

YOU TALKS TUES. 1-2 60-206

Come and meet students from all over the world and engage in conversations focusing on culture, heritage, interests, celebrations and customs.

SISTAHOOD TUES. 2-4 60-206 sistanced is open to anyone who wants to engage in conversations and programs that focus on issues that women of color face daily on society.

D&D&BREW

THURS.

11-2

60-206

Learn and play Dungeons/ Drangons/and Dice while enjoying a cup of coffee or tea.

CAL-FRESH WORKSHOPS

60-206

DID YOU KNOW?

OCTOBER - NATIONAL DISABILITY EMPLOYMENT MONTH Declared in 1988 by US Congress to raise awareness of the employment needs and contributions of individuals with all types of disabilities.

- NATIONAL ITALIAN AMERICAN HERITAGE MONTH First celebrated in 1989 to honor the achievements and contributions of Italian immigrants and their descendants living in the United States.

NOVEMBER - NATIONAL AMERICAN INDIAN HERITAGE MONTH

Meet with a Cal-Fresh Representative to see if you qualify for food assistance through the state of California.

Celebrates the rich and diverse cultures, traditions, and histories and to acknowledges the important contributions and challenges of Native people.

DECEMBER - INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

The day to celebrate achievements of people living with disabilities. It also promotes awareness of the challenges faced by over 1 billion people.