



THIS MONTH:

- Student Led Workshops
- Free Money
- Campus Events
- Important Dates
- Student of the Month
- Griffin Gab



Spring Day Trips!

There are so many awesome things to do in San Diego and at a low cost. Invite your family, friends, or experience the majestic Carlsbad flower fields on your own. Make it a fun day trip and don't forget your camera!

Open: March 1 through May 13

April 2019

VIA RÁPIDA STUDENT LED WORKSHOPS

Located In The Career Center

Peer Mentors

TITLE V & PEER MENTORING PRESENT...

STUDENT LEADERSHIP

STUDENT-LED WORKSHOPS

An amazing opportunity for students to define leadership and practice leadership skills in a group setting. Learn about the many leadership roles that you may obtain on campus!

When? Wed, April 10th at 1pm
Where? Career Center, Building 60

TITLE V AND PEER MENTORS PRESENT...

HOW WILL VOLUNTEERING BENEFIT YOU?

Student-Led Workshops

TUESDAY, APRIL 9TH @ 1 PM
CAREER CENTER 60-141

Learn the benefits of volunteering and different settings in which undergrad students can volunteer on or off-campus. We will provide directions on how to search for volunteer positions!

TITLE V AND PEER MENTORING PRESENT...

PEP TALK

Peer to Professor Talk - A Student-Led Workshop

Learn how to get over the anxieties of talking with your professors and the importance of engaging with them. Utilize communication through verbal and non-verbal channels and also receive tips on writing "professional" emails.

When? Tuesday, April 16th @ 9:30 AM
Where? Career Center, Building 60

Student Led Workshop

DO YOU KNOW WHAT TO DO IN AN EMERGENCY?

Presented by Peer Mentoring and Via Rápida

APRIL 22nd @ 4:00 pm
Career Center

For this workshop, we will be covering what the college wants us to do for a multitude of emergency situations such as what to do in a fire drill, earthquake scenario, and active shooter scene.

Student-Led Workshops

MY GRAIN OF SAND

In this workshop, we will learn about small ways you can help to lessen your environmental footprint on the world, increase your consciousness on environmental degradation's impact on nature and society, and brainstorm ideas about how to engage and help with collective actions.

When? Wednesday, April 24 @ 11 AM
Where? Career Center, Building 60

HELP SAVE THE PLANET!

STUDENT LEADERSHIP
April 10 | 1pm

HOW VOLUNTEERING BENEFITS YOU
April 9 | 1pm

PEP TALK
April 16 | 9:30am

WHAT TO DO IN AN EMERGENCY
April 9 | 1pm

MY GRAIN OF SAND
April 24 | 11am

Free Money!



HACU
HISPANIC
ASSOCIATION
OF COLLEGES &
UNIVERSITIES

HACU, MillerCoors will Award \$65,000 in Scholarships

Apply today by visiting: www.hacu.net

Grossmont College Financial Aid

The Financial Aid Office will be hosting workshops to guide you through the scholarship application process, give you tips, and answer your questions. If you have any questions, please feel free to ask Elizabeth Felix-Castro at: elizabeth_felix-cast@gcccd.edu.

April 2
10am
70 - 103
(Tech Mall)

April 3
2pm
55 - 534

GROSSMONT GIVES BACK: MONTH OF SERVICE 2019

Friday, April 5
Campus Beautification Project
Location: Health & Sciences Complex Lobby, Building 34, 8:30am- 12:00pm
 Join Grossmont College's commitment to sustainability! Our campus is committed to reducing its environmental impact with its innovative and eco-savvy buildings and grounds. Volunteers will learn about our college's commitment to building a sustainable and environmentally friendly campus and will work together on a campus-clean up project.

Friday, April 12
San Diego Food Bank Project
Location: Jacob & Cushman San Diego Food Bank, 1:00-4:00pm
 Join your peers to volunteer at San Diego's Food Bank, the largest hunger-relief organization in San Diego County. Last year, the Food Bank distributed 28 million pounds of food, and the Food Bank serves, on average, 370,000 people per month in San Diego County.

Saturday, April 20
Community Art at Chicano Park
Location: Chicano Park, Barrio Logan, 8:00am- 5:00pm
 Join the greater San Diego community at the 48th annual Chicano Park Day celebration. Volunteers will lead and manage art workshops for the community. Sign up for a two or three-hour shift and then enjoy an afternoon of art, music, and dance. Bring family and friends!

Monday, April 22 -- Friday, April 26
All Campus Food Drive to Benefit Gizmo's Kitchen
Location: Campus food drop off locations will be announced.
 Join us for an all campus food drive! The food drive will conclude with the 2nd Annual All-Campus Dodgeball Tournament, sponsored by Student Services. All food donated will benefit Gizmo's Kitchen, Grossmont College's Food Pantry.

For more information and to sign-up for these events, visit the CSI Website
<https://www.grossmont.edu/campus-life/csl/>

Community Service Learning | Student Affairs

ADMISSIONS & RECORDS IMPORTANT DATES

- April 1 - Second 8 Week Session Begins
- April 26 - Last Day to Drop Semester Length Classes

DIVISION OF CAREER TECHNICAL EDUCATION SPRING 2019 EVENTS

- April 3 - Griffin Works Internship Program Info Session | 12-1pm | 60-140
 Contact: erica.olmos@gcccd.edu
- April 9 - CTE Job Fair 1-4pm | Griffin Gate
 Contact: erika.arangure@gcccd.edu

ASGC BOARD MEETINGS

8-9am | 60-207

- April 4
- April 11
- April 18
- April 25

SPRING HIRING EVENTS

Career Center 60-140

- April 2 - La Mesa Police Department | 11am-1pm
- April 3 - Jamul Casino | 1-4pm
- April 25 - Viejas Casino & Resort | 1-4pm

EVENTS FOR YOU!

UC San Diego TRANSFER TRITON DAY



Prospective Students → **Admitted Students**

Bus Trip to UCSD

Please sign-up in the Transfer Center Bldg. 10-173 and bring 2 forms of I.D.
 •Permission Slip Required
 •\$10 Deposit to reserve seat — returned after participation

When: Saturday, May 11th, 2019 @ 8:00am-4:00pm*
Where: University of California, San Diego
Why: Transfer Triton Day & Triton Day Prep 2019
What: Explore the campus, engage with faculty, meet future classmates, tour residence halls, and much more!

Questions: Call 619-644-7215

*Date and time are subject to change.

GROSSMONT COLLEGE

STUDENT OF THE MONTH

ANEDA BATISTA-BELTRAN



Aneda has been heavily involved in Via Rápida and goes above and beyond our program requirements. We are happy to see her at many of our workshops & events. Aneda also meets with her mentor regularly as well as Via Rápida Counselor, Gerardo. We are proud of Aneda for working hard towards her educational goals. Aneda has aspirations to transfer to UCSD to pursue a career path in nursing and we are confident that she will get there!



@viarapidagc

Contact Us: (619) 668-1748
Grossmont.ViaRapida@gcccd.edu
Building 10 Room 102



VIA RAPIDA

By Sharisse Cohee

Peer Mentor Via Rápida

GRIFFIN GAB

April 2019

The official blurb brought to you from Via Rápida, giving Grossmont students a glimpse into campus life as well as providing nifty hints & tidbits.



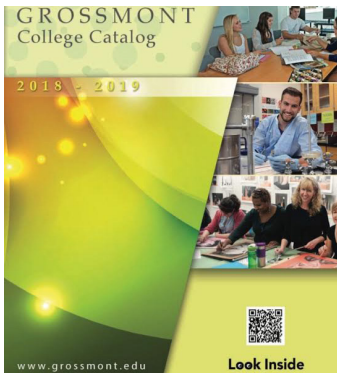
VIA RAPIDA

MAJOR DECISIONS

For the indecisive student (such as myself), making choices can not only be difficult but daunting, especially when choosing your major.

— Grab the Most Recent Course Catalogue & Skim —

At times it helps to see the options laid out in front of you. The Course Catalogue contains every class offered at Grossmont as well as Certificate and Degree opportunities students can receive through the college. It categorizes all the majors available while describing the area of study and offering



career opportunities associated with

the major. Students can book it to the library to literally and figuratively 'check-out' a copy or for the more tech-savvy student, a PDF format is available through the Grossmont website. It can also be purchased at the campus bookstore or ordered through mail for \$6.



GRIFFINS SHOULD NOT FRET!

WITH HELPFUL TIPS EVEN THE STERNEST COMMITMENT-PHOBE WILL PICK THEIR PATH AND CEMENT THEIR FUTURE.

Career Cruising

POTENTIAL STARTS HERE

SIGN IN

Educator Login



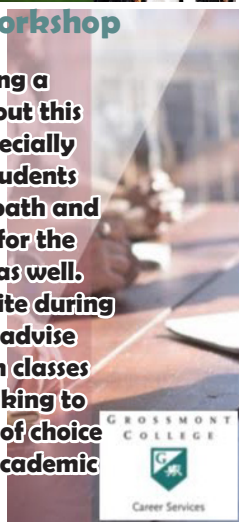
Take a Career Assessment Test

While we cringe at the mighty 'T'- word, this test is actually enjoyable because it's based on a subject which most students excel in: Themselves! It's a test that's all about you and identifies your likes and dislikes when it comes to career fields by asking questions regarding personali-

ty traits and interests. The results of the questionnaire create lists of career and majors associated with the individual. A favorite amongst Grossmont Counselors is *Career Cruising*, which is free to students and can be located on Grossmont's website through the Counseling section.

Dabble In a Workshop

Grossmont is offering a workshop through out this semester that is especially based on helping students not only find their path and major but prepare for the following semester as well. Counselors are on-site during these workshops to advise students as to which classes they recommend taking to pursuit their major of choice as well as general academic advise.



EXPLORING MAJORS WORKSHOPS

(Starting February 21, 2019)

Choose from the following sessions:
3rd/4th Tuesdays (1-2 pm)
2nd Wednesdays (9:30-10:30 am)
1st/3rd Thursdays (3-4 pm)

Unsure or undecided about your field of study?
Counselors are here to help!

Workshops will assist you in examining your skills and interests, and will introduce you to potential majors and career options.

Get started on your educational path!
Make sure you are on-track for next semester.

Grossmont College-Career Center
(Building 60, Room 140)

RSVP HERE or visit the Career Center
Walk-ins are also Welcome!

Take a Counseling Class

What better way to learn about a subject then by taking a class on it? No student needs additional stress by taking an overwhelming number of classes, which is why counseling courses at Grossmont range from 1-3 units. Course subjects include Career Decision Making to College and Career Success among several other classes geared toward student success and all around awesome positive habits for life. In addition, most of these classes transfer to CSU's so you will already be on the right path while finding your path.

Above All: Good Luck and Go with Your Griffin Gut!